

Member Reflection

As a 4-H member, you are encouraged to “Learn to Do by Doing” through hands-on activities. Keeping a record of your 4-H activities with this **Member Reflection** will provide helpful insight for you, your leader and the 4-H Specialist as to skills you have learned and projects you have completed throughout the 4-H year!

Skill Based Project: You are encouraged to work on skill development and completion of project requirements (with guidance from the project leader) throughout the 4-H year. Not every activity will have a tangible item (for display), but you are asked to share the activities and learnings in which you participate below...

MEMBER NAME: _____ **4-H CLUB:** _____
PROJECT NAME: _____ **DATE:** _____

Project Activity: _____

What I did: _____

What I learned: _____

What I liked: _____

Project Activity: _____

What I did: _____

What I learned: _____

What I liked: _____

Project Activity: _____

What I did: _____

What I learned: _____

What I liked: _____

Project Activity: _____

What I did: _____

What I learned: _____

What I liked: _____

Project Activity: _____

What I did: _____

What I learned: _____

What I liked: _____

(feel free to use more space if necessary!)

4-H Year Completion Checklist

In addition to completing a Skill Based 4-H project, members are also required to participate in Communications, at least **ONE** Ag. Awareness Activity and **ONE** Community Service Activity in order to complete the 4-H year.

Use the space provided to reflect on what you have learned through participation in these activities.

If this information has already been completed in another booklet, please indicate where it can be found:

My Communications Activity

- Speech
 Demonstration (Single)
 Demonstration (Team)
 Alternate Communications: _____

What I learned: _____

What I can work on: _____

Agriculture Awareness Activity

What did you do to complete this activity this year? (Either on your own or with your 4-H Club)

What area of Agriculture would you like to explore in the future?

Community Service Activity

What did you do to complete this activity this year? (Either on your own or with your 4-H Club)

What will you do in the future to give back to your community?

4-H PEI - Staff Comments (Optional)

Completion Requirements		Completion Notes
Skill Based Project		
Communications		
Ag. Awareness Activity		
Community Service Activity		